



**Covenant Clinic**

Wheaton Franciscan Healthcare

# Employee Assistance Program

**Expert, Compassionate and Confidential Assistance for Employees and Their Families**

We all deal with a variety of personal problems on a daily basis. Most of these we handle on our own but every now and then we come up against something we can't handle. Worry and stress take their toll on us and sometimes this affects our work performance and productivity. The Covenant Clinic Employee Assistance Program (EAP) can help.

The types of problems counselors can assist with include:

- Depression
- Marital or Relationship Difficulties
- Family/Children/Elder-Care
- Alcoholism/Drug Abuse
- Anxiety
- Family Violence or Anger Management
- Stress
- Financial Stress
- Work
- Grief

*Services are confidential, free and available to you and your family members.*



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